Appendix 3M

Privilege and Disadvantage Inventory

Directions: Read each of the following statements and indicate whether or not the statement is true for you. Circle the T if the statement is true for you. Circle the F if the statement is not true for you.

My ancestors were forced to come to the USA against their will or because they were fleeing oppression elsewhere. T F
My primary ethnic identity is American. T F
People of color worked for my parents as servants, gardeners or child caretakers. T F
I have been called names or verbally harassed because of my religion, sexual orientation or disability. T F
I can formalize my love relationship legally through marriage and receive the benefits that accompany marriage. T F
A member of my family is lesbian, gay or bisexual and in the closet. T F
I have studied the culture of my ancestors in school. T F
Most of the adults and other students in the high school I attended had a racial or ethnic heritage similar to mine. T F
I went to a school where my first language was the primary language used in oral and written communication. T F
I’ve had to skip a meal or I was hungry because my family did not have enough money to buy food when I was growing up. T F
The religious holidays observed in my high school matched my family’s religious observances. T F
I have attended private school or sleep-away summer camp. T F
I was raised in a single-parent household. T F
I have avoided a career choice, recreational activity, friendship, or clothing choice to avoid being thought to be lesbian or gay. T F
I have been discouraged from a career choice because of my sex or a disability. T F
My family has taken vacations outside of the USA.  
I have been physically harassed because of my gender expression, race, religion, 
ethnicity, disability, or sexual orientation.  
One of my parents has been laid off or unemployed not by choice.  
I grew up in a home owned by my family.  
I can hold hands with or express physical affection with an intimate partner in public 
without provoking stares or hostile comments.  
I am generally able to avoid places that are dangerous in my day-to-day life.  
I have been paid less or denied a job because of my race, sex, or disability.  
I have inherited money or property.  
I have been offered a good job because of family connections or associations with 
friends.  
I have been accused of cheating, lying or stealing because of my age, race, ethnicity 
or religion.  
I will never need to teach children in my life about racism for their survival.  
I have never been denied access to a public building or educational program 
because of a disability.  
My parents told me that I could be anything I wanted to be when I grew up.  
I’ve never had to worry about the safety of children in my life because of their 
sexual orientation or gender expression.  
I rarely see people of my race or ethnicity portrayed on television or in the movies.  
The presence of police or other law enforcement officials at a public place or event 
make me feel protected from harm.  
I have been the victim of physical violence because of my race, gender expression, 
religion or sexual orientation.  
I have been teased or made fun of because of my gender expression.  
Either I or someone close to me has been the target of sexual harassment or sexual 
violece.  
I have been made to feel inferior because of my age.  

**Process Questions**

1. What are your reactions to the process of doing the activity?  
2. What are your reactions to identifying some of the privileges and disadvan-
tages associated with some of your social group memberships?  
3. What statements were particularly striking to you? Why?  
4. What questions about privilege and disadvantage are raised for you?  
5. How was your experience of privilege and disadvantage the same or different 
from others in your discussion group?